

## Sowing instructions Stem Beans

Indoor sowing: from April on

Outdoor sowing: mid-May

Germination: 7 - 14 days

Germination temp.: 18 - 22 °C

Sowing depth: 3 - 4 cm

Plant distance: 10 cm

Plant position: sunny and sheltered

Harvest period: July - November

Sow indoors for an early harvest from April . Approx. 6 weeks before the last frosts. Sow the seeds in individual pots approx. 3 - 4 cm deep and cover them with a thick layer of soil. Boterkoning is a dark germinator. Keep the temperature as constant as possible approx. 18 - 22 °C. Don't let the temperature drop during the night. Cover the pots with Clingfilm. Keep moist and warm.

Sow outdoors from mid may on, when there's no longer any danger of night frosts and the soil is warmed up by the early spring sun. Sow on a sunny plot with some shelter and free draining soil. Sow deep and cover the seeds with a thick layer of soil. Keep warm and moist during the germination. Thin the seedlings, when they're large enough to handle to 10 cm apart. Beans hate cold soil. Give a good and sturdy support.