



**Your Gardenseed specialist,  
quick and reliable!**

Vegetable seeds

Herb seeds

Flower seeds



Hot Pepper seeds

Organic seeds

All other (seeds)

## ***Sowing instructions***

### ***Pole Beans***

Soaking: yes

Indoor sowing: from April

Outdoor sowing: from May

Germination: 7 - 14 days

Germination temp.: 18 - 22°C

Sowing depth.: 3 - 4 cm

Plant distance: 50 - 75 cm

Plant position: sunny - sheltered

Days till harvest: 55 - 70

Soak the seeds approx. 24 hours prior to sowing in tepid water. This speeds up the germination and helps with a more equal germination. Sow indoors for an early harvest in separate pots from April on. Sow 1 seed per pot in moist potting soil. Sow in the middle of the pot approx. 3 - 4 cm deep and cover the seed with a thick layer of soil, because this variety is a dark germinator. Put away in a warm room and keep the temperature as even as possible between 18 - 22 °C. Don't let the temperature drop during the night. Keep moist and weed free. Cover the pots with Clingfilm to retain the moisture. Remove the Clingfilm when the seedlings emerge. Harden the seedlings of for approx. 10 - 14 days during the day on a sunny and sheltered spot from the beginning of May. Put them afterwards on a very sunny, sheltered plot with some support.

Sow outdoors in a sunny plot with shelter and free draining soil from the middle of May, when the soil is warmed up in the spring sun. Sow approx. 3 - 4 cm deep and cover the seeds with a thick layer of soil. Keep moist and weed free. Beans hate cold soil. This stops their growth. Thin the seedlings, when they're large enough to handle, to approx. 50 - 75 cm apart. Harvest the pods when they're approx. 25 cm in size and cut them of the plants with scissors. Provide enough water and plant support.