



**Your Gardenseed specialist,  
quick and reliable!**

Vegetable seeds

Herb seeds

Flower seeds



Hot Pepper seeds

Organic seeds

All other (seeds)

## ***Sowing instructions***

### ***Artichoke***

Indoor sowing: February-April

Outdoor sowing: April-June

Sowing depth: 2-3 cm

Germination: 1½-3 weeks

Germination temp.: 15-20 °C

Plant distance: 100 cm

Planting position: sunny

Harvest period: August-October

Sow indoors from February on in individual pots 2 seeds per pot about 2-3 cm deep. Cover the seeds with sowing soil because artichokes don't need light to germinate. Put the pots in a warm room or in a propagator. Thin to 1 strong seedling when the seedlings are large enough to handle.

Transplant the seedlings in may (avoid frosts) outdoors to 1 meter apart. Artichokes need a warm sunny spot with free draining soil. Keep weed free and moist.

Sow outdoors from April on, when the day temperature is about 15 °C. Sow 3-5 cm deep and cover the seeds with sowing soil. Thin when the seedlings are about 15 cm tall to 1 meter apart.

Harvest your artichokes when the buds are large but closed. Cut off the bud with a piece of stem attached to it. Use the artichokes the same day. Wilted buds can be refreshed with cold water.